

The Goal of a Worry-Free Financial Retirement

Focusing on the key principles may help you achieve a worry-free financial retirement.



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As a Senior Financial Advisor, Joe works with clients helping them preserve and grow wealth, developing investment and wealth protection plans to meet their financial goals and achieve the objectives for themselves and their families.

Worry-free financial retirement is certainly a worthwhile goal; one that nearly all of us would certainly enjoy... if only we could achieve it.

Given the seemingly endless, ongoing concerns due to the uncertain economic climate, political changes both in our country and abroad, combined with overall market volatility, how can we possibly achieve this goal? Further, our financial needs are certainly subject to change due to health and a variety of other factors. And what about our lifestyle goals? They too are subject to change over time.

While the challenge of achieving worry-free financial retirement may be deemed impossible by many, significantly reducing the level of concern may be much easier than you think. In my opinion, we just need to focus on the key principles required to achieve this goal.

Safe Withdrawal Rate

First, we need to be able to live on what I refer to as the safe or sustainable withdrawal rate. For a 60-year-young retiree, this rate may be 3 to 4 percent. For a retired couple age 65, it may be 4 to 5 percent, and so on. As we get older, the safe withdrawal rate increases. This is a very important concept that is worthy of a separate article. But for the purposes of this discussion, you need to able to live on that appropriate rate when you retire. The withdrawal from the retirement asset base is combined with a traditional pension—if you are fortunate enough to have one—as well as Social Security, whenever it is deemed wise to begin receiving that benefit. Simplistically, if you cannot afford to live on the safe withdrawal rate, then you should plan to keep working, even if it is part-time.

If your retirement asset base is sufficient to allow you to retire and comfortably withdraw at the prescribed rate or lower, then you are off to a great start. But what do you do next? You still have to confidently and unemotionally invest your money over a long period to produce sufficient, relatively-consistent investment returns. This may sound like an impossible task considering the never-ending uncertainties mentioned earlier. Plus, the so-called market experts may not seem to know any more than the rest of us.

Focus Long-Term

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more. So, we need to set up a prudent, long-term asset allocation and monitor it over time. The allocation should be one that will serve you well in varying markets and economic cycles, with an emphasis on reduced volatility as a critically important factor. Think of your monthly withdrawal from your retirement asset base as your supplemental pension, and it will not vary much up or down throughout the years while hopefully increasing periodically to keep up with inflation.

Worry-free financial retirement: Is it a goal that is just too difficult to achieve? I think not. This is exactly what I try to accomplish over time with each and every client. Hopefully, now you will have a different perspective. After all, we all want to enjoy a long, happy retirement, so let's get on with it. \Box

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